



Advanced Risk Management: How to Avoid Being Sued

Malpractice claims and awards continue to rise in our specialty. Malpractice literature will be reviewed, with the recent trends in awards and risks identified. The presenter will describe approaches to lessen this risk, including practice patterns and interpersonal behaviors that are effective. Strategies for effective risk management while under pressure to reduce costs in the health care environment will be outlined.

- List the areas and behaviors associated with the greatest malpractice risk, the greatest number of claims, and the highest awards in emergency medicine.
- List approaches to effectively manage malpractice risk in emergency medicine.
- Discuss strategies to reduce malpractice risk while also lowering cost.

MO-43
Monday, October 11, 1999
3:00 PM - 4:55 PM
Room # N250
Las Vegas Convention Center

FACULTY

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*Emergency Medicine
Advanced Risk Management*

Instructor:
Daniel J. Sullivan, MD, JD, FACEP



Abdominal Pain



Abdominal Pain

❖ **Consider** all the high risk **clinical** entities:

Myocardial infarction
Ectopic Pregnancy
Appendicitis
- AAA
Testicular Torsion



Abdominal Pain

*Textbook history and physical examination focused on **those** clinical entities.

❖ **Key:**

Observation and re-examination
The lawsuit-stopper: Follow up instructions.



Abdominal Aortic Aneurysm



*Abdominal Aortic Aneurysm -
Litigation Overview*

❖ **The** Legal Fiction

*Inadequate History or Risk Analysis

❖ **AAA** presents as flank pain or LLQ pain

❖ **Complaint** and Sign Integration



Abdominal Aortic Aneurysm - Litigation Overview

❖ **Syncope**

- *Imaging Study Issues
- *Patient Management Post Diagnosis



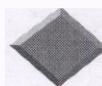
FTD Abdominal Aortic Aneurysm: Case Review

- ❖ 63 y.o. male with abdominal pain, lightheaded and **diaphoretic** during BM.
- ❖ **In** the ED, BP **104/54** with tenderness **in** the LLQ. Dr. Diverticulitis and discharged.



FTD Abdominal Aortic Aneurysm: Case Review

- ❖ A 68 y. o. male entered the ED with **complaints** of Severe pain in abdomen **and back**, extending to **left** flank. LLQ tenderness.
- ❖ Discharged with **ureteral** colic.
- ❖ Developed paraplegia from AAA. 1.3 million.



AAA - Delayed or Improper Management

- ❖ 73 y.o. with abdominal pain **and** low back pain with **a history** of lightheadedness and diaphoresis and BP **90/50** in **the** ED and blue toes.
- ❖ ED physician makes the diagnosis but surgery delayed for five hours.
- ❖ **Patient** death. 1.7 million.



FTD AAA - Key Points



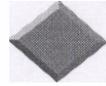
Know when to put AAA in the Differential Diagnosis.

- ❖ Suspect AAA in every elderly patient with
 - Abdominal pain
 - **Back** pain
 - **Syncope**
 - **Change** in LOC
 - Pain in testicle or flank



Create a Record

- *Physical examination
 - Textbook abdominal examination
 - Make the chart reflect your **search for AAA**
 - *Abdominal exam -No **pulsatile mass**
 - *Femoral pulses 2 + and **equal**
 - LLQ no **mass** or tenderness



- ❖ **Know Your Limitations**
- ❖ **Complaint and Sign Integration**
- ❖ **Believe the patient's description of events.**



Department Recommendations

- *Triage and ED **staff must** recognize the 'seconds to minutes emergencies.
- ❖ **Quality improvement on abdominal pain charts.**

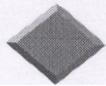


Admission Orders



Admission Orders

- ❖ **Does writing admission orders increase the risk of exposure to liability?**
- ❖ **ACEP's Position**
 - No ambiguity about patient responsibility
 - EP is responsible for **what occurs** in the ED
 - **The EP should not be compelled to write orders which extend or appear to extend control and responsibility of the patient to the inpatient setting**



Admission Orders

- ❖ **Reality Check**
- *Strategy for Writing **Orders**
 - **Get the PMD to give telephone orders to you or the RN**
 - Time limits on **EP orders**
 - **No EP order writing for critical care patients**



Admission Orders

- ❖ Strategy for Writing **Orders** (cont.)
 - Limit the types of orders the EP can write
 - Medical Staff Bylaws statement on patient responsibility
 - ED rules and regs: "EP may write orders as a courtesy to the PMD"



Against Medical Advice



Against Medical Advice

- ❖ **Do not** let the patient's decision affect your duty to provide the best **care** possible
- ❖ **Take** all steps to provide treatment and follow-up to the best of your ability, under the circumstances
- ❖ **Document your efforts**



Against Medical Advice

- ❖ Document functional competence.
- ❖ Explain the life or limb threat very carefully and document the **informed** refusal.
- ❖ Have a second person witness and document the refusal.
- ❖ Provide the patient with the opportunity to change his or her mind.



Against Medical Advice

- ❖ Beware AMA in the patient with head trauma or **EtOH**.
- ❖ **AMA** is a process, not a form!
- ❖ **AMA**, properly done, will win a lawsuit.





AIDS - HIV



AIDS - HIV

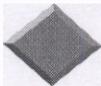
*Consider **common law** and **statutory** obligation to contact third parties at risk

❖ **Prophylaxis** standard of care

❖ **Create** department needle stick and exposure policy



EtOH



RED FLAG!

*Alcohol intoxication is a red flag.

❖ **Key Points:**

- Don't delay the H & P in the intoxicated patient.

- Be aware of the high risk of head trauma and spinal injury.



Allied Health Professionals



Allied Health Professionals

❖ **Used** with increasing frequency, sometimes inappropriately

*Malpractice Experience - Unknown

❖ **Issues:**

-Protocols

-Supervision

Amended X-Ray and Lab Follow-Up

Amended X-Ray

- ❖ For various reasons, **emergency** physicians misread **x-rays**.
- ❖ Amended x-ray systems **can have a** clinical impact.
- ❖ **This** system is protective.
- ❖ **Make sure** the system works **well!**

Lab Follow-Up

- ❖ **Certain** labs need a follow up (e.g., blood cultures)
- ❖ **Patient** and **PMD** **contact** should be timely
- ❖ **Result** and action taken must get into the medical record
- ❖ Recommendation: Use a form for **F/U** on x-rays, labs, etc.

EMERGENCY DEPARTMENT TELEPHONE FOLLOW-UP

REASON FOR TELEPHONE CALL:

- RADIOLOGY
- LABORATORY
- OTHER

ACTION:

PLAN:

UNABLE TO CONTACT PATIENT VIA TELEPHONE WITHIN 24-HOURS:

The Failure to Diagnose Appendicitis

Litigation Overview

- ❖ **The** Atypical Case
- ❖ **Recurrent** Appendicitis
- ❖ **The** Lab Causes a Delay
- *Misdiagnosis of **Gastroenteritis**



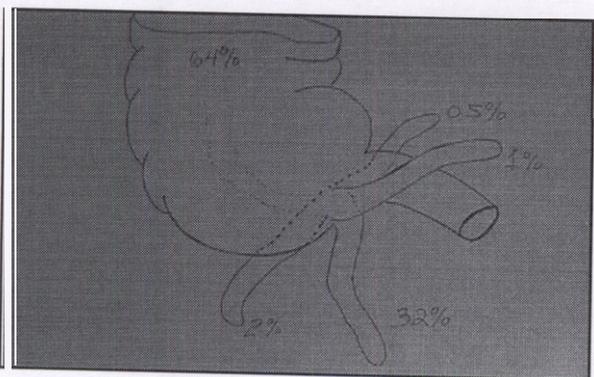
Litigation Overview

- ❖ **Inadequate Physical Examination**
- ❖ **Observation and Re-Examination**
- ❖ **Narcotics Mask the Pain**
- * **Inadequate Discharge Planning**



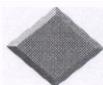
Why is This Diagnosis Missed?

- * Appendicitis often has the clinical appearance of **gastroenteritis**
- ❖ **The** position of the appendix relative to the **cecum**



Why is This Diagnosis Missed?

- ❖ The physician's lack of familiarity with recurrent appendicitis
- ❖ The failure to observe and evaluate the patient's condition **over** a period of time.
- ❖ Diagnosis **can** be very difficult in the very young, the very old and in pregnant women.



Why is This Diagnosis Missed?

- ❖ **It** is very difficult to differentiate between appendicitis and PID.
- ❖ **In** some cases the diagnosis simply can't be made.



FTD Appendicitis - Recommendations

- ❖ **Complete**, textbook abdominal **examination**, including:
 - genitalia
 - pelvic
 - rectal
- ❖ **Re-examination** of all cases of abdominal pain



FTD Appendicitis - Recommendations

- *Document **wellness**
- No pain
- Benign** re-examination
- Taking food and fluids **well**



FTD Appendicitis - Recommendations

- *Document continuing **or** worsening pain and:
- Observe
- Consult
- Admit



FTD Appendicitis - Recommendations

- Discharge:
- ❖ "**Abdominal Pain - Cause unknown**"
- ❖ **Mandatory** follow-up at 8-24 hours to PMD or ED



FTD Appendicitis - Recommendations

- ❖ **Telephone** follow-up by charge nurse or EP
- ❖ **Return** if condition worsens



Failure to Diagnose Myocardial Infarction



Chest Pain: Missed AMZ

- ❖ At 12,500-50,000 missed AMIs/yr (incidence of suits unknown) case rate of \$150-300 K, **emergency** physician exposure is staggering (>2 billion)



Chest Pain: Litigation Overview

- *Misinterpretation of the ECG.
 - Missed obvious changes of AMI
 - Not recognizing serial changes
 - Failure to order old EKG for comparison
 - Failure to **recognize** the importance of **the** non-specific EKG change.



Chest Pain: Litigation Overview

- ❖ Failure to take and **record** a careful history.
- ❖ **Failure** to recognize the “unusual” presentation.
- ❖ Misinterpretation of bedside **maneuvers**, especially the **GI** cocktail.



Chest Pain: Litigation Overview

- ❖ **Failure** to recognize the importance of a history of CAD.
- ❖ **Ruling** out AMI with a normal EKG.



Case Review - Case # 1

- ❖ **66-year-old** with **substernal** chest and **left** arm pain.
- ❖ **No** new EKG changes.
- ❖ **P.E.** was unremarkable.
- ❖ **Discharged.**
- ❖ **The** patient died within 10 hours.



- ❖ The defendant emergency physicians **argued:**
 - that the **chest** pains had subsided in the ED, and
 - the** left **arm** pain had been ongoing for 2 days.
- ❖ **Therefore, it was musculoskeletal** pain.



Case Review - Case # 2

- ❖ A 38 y.o. male with a history of CAD experienced **substernal** chest pain and epigastric burning.
- *The pain radiated into his arm.
- ❖ The EKG was normal.
- *The **EP** diagnosed **reflux** esophagitis.
- ❖ **He** died that night from **AMI.**

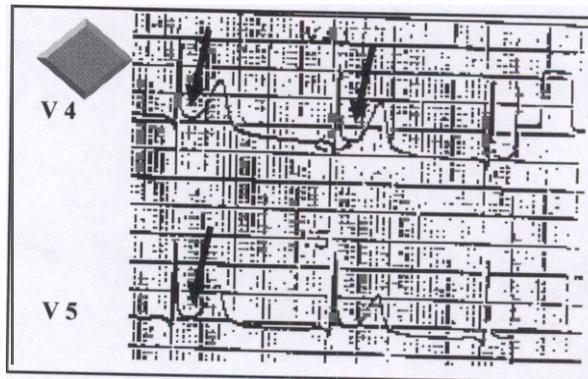
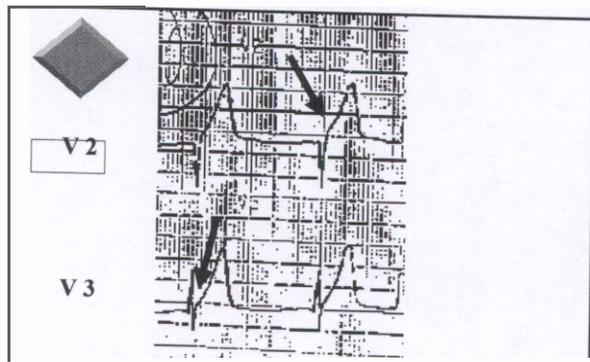
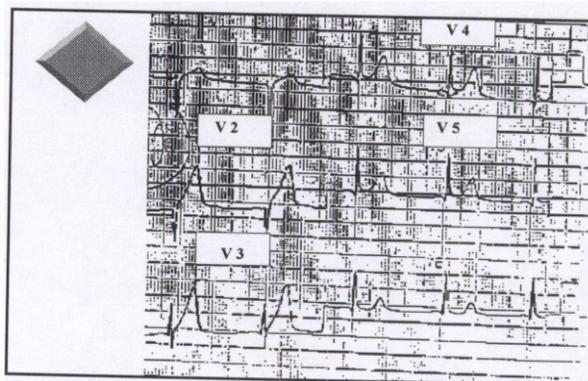
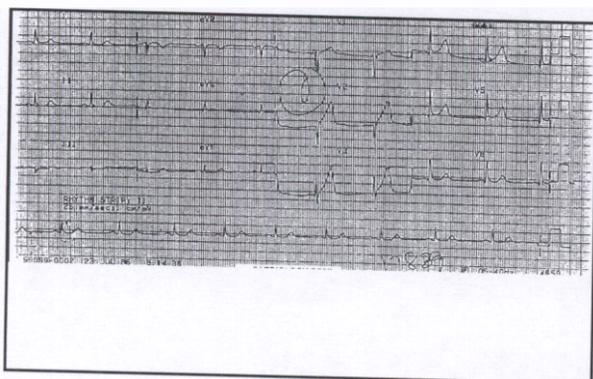


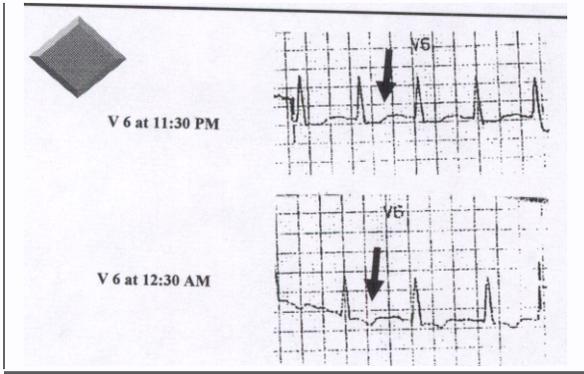
Case Review - Case # 3

- ❖ The patient was a **58-year-old** male who complained to the triage **nurse** of intermittent pain in the left shoulder for months, **worse** for 2 days.
- ❖ The emergency physician noted “patient in no distress.”
- ❖ The P.E. was **unremarkable**.



- ❖ The pain was **relieved** post **Demerol** plus **Vistaril**.
- ❖ The physician **read** the **EKG** as **no acute changes**.
- ❖ Review EKG



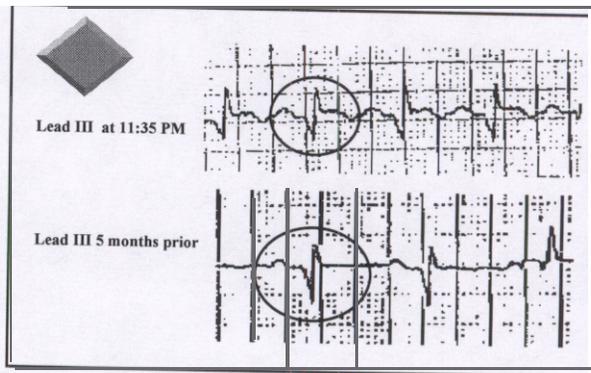
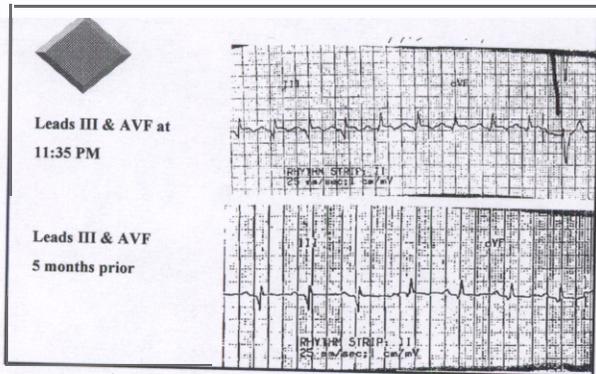
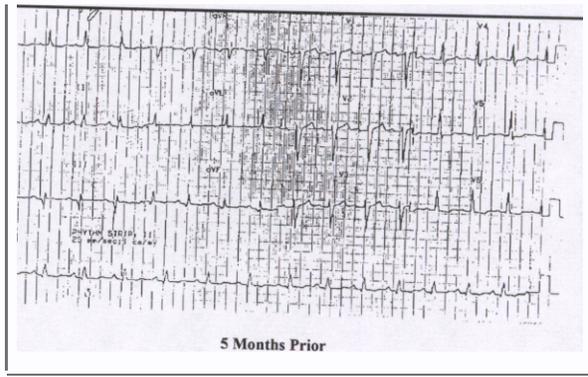


❖ The patient was discharged with a diagnosis of “acute chest pain resolved, ? angina snack.”

❖ The patient died of acute MI 12 hours post-discharge.

❖ The physician never asked for an old EKG which was available in medical records.

❖ Review the old EKG.



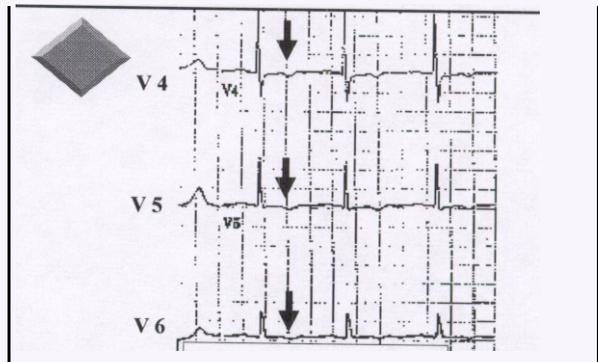
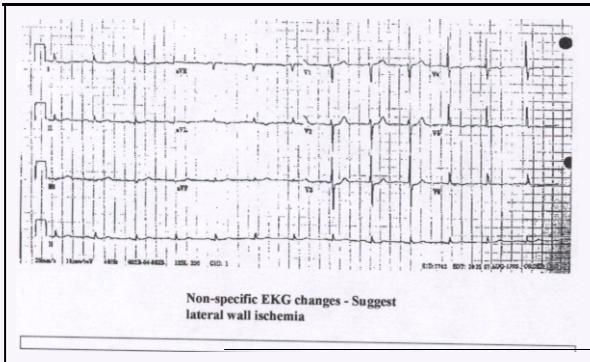


Case # 5 - No Acute Changes

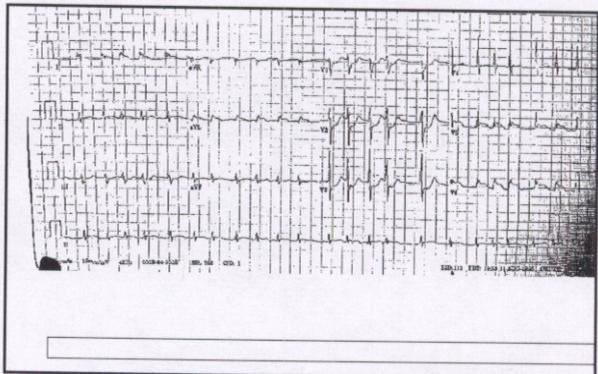
- ❖ 72 y.o. male presented to the emergency department with a burning epigastric pain for 4 days.
- ❖ Nursing note states the patient had mid chest pain, unable to sleep lying down, and sweating.
- ❖ He had a lot of gas.
- ❖ He had a history of diabetes and HTN

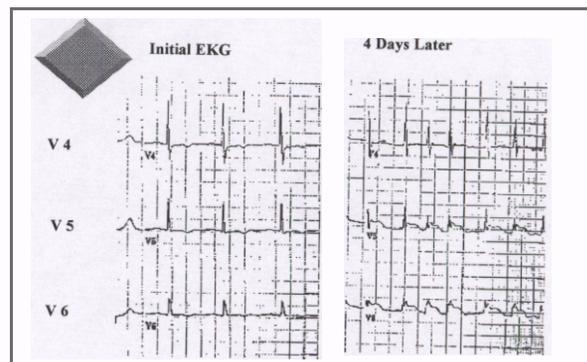
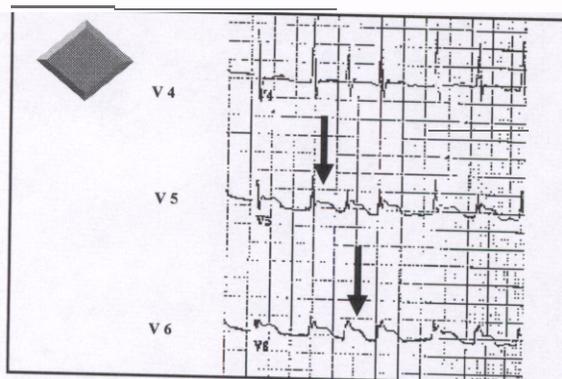


- ❖ The private physician had sent the patient in to get checked out in case it was a heart attack.
- ❖ The emergency physician noted “there has been no chest pain.”
- ❖ The emergency physician read the EKG as “NSR, no changes.”
- ❖ Review the EKG.



- ❖ One of the nursing notes during the ED visit stated that the patient gets nauseated and sweaty when the pain is bad.
- ❖ The EP diagnosed a GI problem and discharged him with esophagitis.
- ❖ The patient returned 4 days later with an *cute lateral wall infarct.





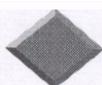
Managing the Risk of AMI

- *Prevent the “true misses.”
- ❖ **Don’t** be misled by bedside maneuvers.
- ❖ Recognize that the “normal” EKG may be c/w AMI.
- ❖ A “non-specific” is a positive finding with C.P.



Managing the Risk of AMI

- ❖ **Low** threshold for consultation
- ❖ Know the “unusual” presentations (i.e. variant **angina**)
- ❖ **Institute a missed AMI case** and EKG review
- ❖ **Don’t** rely on EKG computer interpretation
- *Rule Out Programs



Thrombolysis



Thrombolytic Therapy - Litigation Overview

- *Standard of care - **Reperfusion** therapy
- *Failure to administer
 - **FTD AMI**
 - Fail to recognize other indications (e.g. new **BBB**)



Thrombolytic Therapy - Litigation Overview

- ❖ **Delayed administration**
 - Admission without administration
 - Reliance **upon a** cardiologist or PMD
- ❖ **Improper administration** (e.g. contraindication)



Thrombolysis Case Review: A Case of Bad Lawyering



- ❖ **A 54 y.o. male presented to an emergency department with chest pain.**
- ❖ **He ultimately had an acute MI.**
- ❖ **There were no changes on the initial EKG diagnostic of acute MI.**



*The plaintiff brought his **case** on one issue only:
 “The EKG was diagnostic of inferior wall acute MI, and the emergency physician failed to administer a **lytic agent.**”



3. That upon her admission to the Hospital emergency room, she was treated by the emergency room doctor.

4. That the Plaintiff was exhibiting clinical symptoms of a myocardial infarction.

5. That the Plaintiff ordered tests, including an electrocardiogram.

6. That the electrocardiogram demonstrated an inferior wall myocardial infarction.

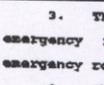
7. That the Defendant failed to diagnose an inferior wall myocardial infarction.

8. That the accepted treatment for an inferior wall myocardial infarction on February 4, 1994 is to administer aggressive treatment including injections to stop the infarction.

9. That the Defendant failed to initiate aggressive treatment, failed to order injections to stop the myocardial infarction, and never admitted Plaintiff to the hospital for observation.

10. That on February 4, 1994 other physicians made the diagnosis of inferior wall myocardial infarction and transported Plaintiff to the hospital for further treatment.

11. That the failure to initiate aggressive treatment and the delay in treatment resulted in permanent injury to the Plaintiff's heart muscle.

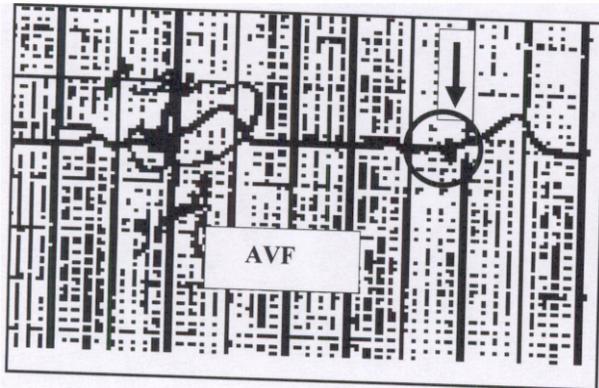


3. That upon her admission to the Hospital emergency room, she was treated by the emergency room doctor.

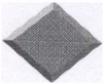
4. That the Plaintiff was exhibiting clinical symptoms of a myocardial infarction.

5. That the Plaintiff ordered tests, including an electrocardiogram.

6. That the electrocardiogram demonstrated an inferior wall myocardial infarction.



- ❖ The lawyer tried to convince the jury that there was diagnostic ST segment **elevation** in the inferior leads.
- ❖ The defense emergency medicine **expert** got into the **jury** box with a ruler and the EKG **and** demonstrated to every juror that the EKG did not meet criteria for **lytic** administration.



- ❖ **Defense verdict** - The jury *was* out for 12 minutes.



The jury relied on the standard of care.

- ❖ **The** literature is clear that patient's who do **not** have the requisite ST segment elevation do not benefit from lytic administration.



Communication & Professionalism



Communication & Professionalism

- ❖ **What prompts** patients to sue **doctors**?
- ❖ A review of 3787 pages of litigation transcript
- ❖ Arch Int Med (1994) 154(12)



Communication & Professionalism

- ❖ Devaluing the patient **and/or** family views
- *Delivering information poorly
- ❖ **Failing** to understand the patient and/or family perspective
- ❖ Devaluing the patient and/or family views.



Communication & Professionalism

- ❖ **The** literature consistently shows that the quality of the patient-physician relationships has **an impact on the** frequency of malpractice litigation.
- ❖ **Silence** may be golden, but it causes malpractice suits.



Problem Areas

- *Patient anger
- ❖ **Perceived** incompetent care - "The physician never examined me."
- *Unrealistic expectations
- 3 Fellow health **care** providers comments



Communication & Professionalism

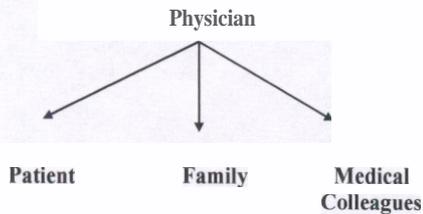
Recommendations:

- ❖ **Make eye contact**
- ❖ Touch the patient in greeting
- ❖ **Sit down; it changes the patient's** perception.
- ❖ **Let the patient help** in decision-making.
- ❖ **Telephone follow-up**
- ❖ Close **the** door (if there is one)



Key to Risk Redaction

Effective Communication



Discharge & Disposition



Discharge and Disposition

- ❖ A key moment in the patient-physician relationship
- ❖ Many lawsuits hinge on what happens in these few moments
- ❖ Correctly done, shifts some responsibility to the patient



Discharge and Disposition

- ❖ Close follow-up is your **hedge** in **high-risk cases**
- ❖ **Think** logically through **each** discharge decision
- ❖ Phone follow-up is a **blessing**



The Patient - Physician Relationship & Duty to Third Parties

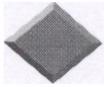


- Does the EP have a legal relationship with:
- *The patient in the ICU whose x-my she just checked for NG tube placement?
 - ❖ The child in the waiting room with a temp. of 103 F?



- Does the EP have a legal relationship with:
- ❖ The patient sent in by the PMD for direct admission, perched in your ED?
 - ❖ A 2 y.o. child en route to your hospital with shortness of breath?
 - ❖ When does the relationship end?

The cover of the magazine "ED Legal Letter" is shown. At the top, it says "AMERICAN HEALTH CONSULTANTS". The main title is "ED Legal Letter" in large, bold letters. Below the title, it reads "The Monthly Guide to Emergency Medicine Malpractice Prevention" and "The Official Journal of Emergency Medicine Lawyers". The featured article is "ED Physicians and Third Parties: The Duty to Warn" by Dan Sullivan. There is also an "EDITOR'S LETTER" section and an "Inside" preview of the article "The duty with cautious dissonance" on page 37. The cover also includes contact information for the publisher, American Health Consultants, and a list of board members.



Duty to Third Parties

- ❖ **At common law**, no duty to protect one **person** from another.
- *Courts are increasingly recognizing the physician's duty to third parties.
- ❖ **Classic case**: Tansoffv. Regents of the University of California.



Duty to Third Parties

- ❖ **General Premise**: You **are** required to use reasonable care to protect your patient, and you may be required to prevent reasonably foreseeable injuries to third parties.



Duty to Third Parties

- Does the EP and ED staff have a duty to keep third parties safe from harm?
- +A patient you sent home with an eye patch gets in a car accident. You did **warn** about driving. The driver of the other car sues you for negligent discharge.

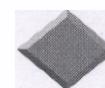


Duty to Third Parties

- Does the EP and ED staff **have a** duty to keep third parties safe from harm?
- ❖ **A 25-year-old** homicidal patient absconds because you did not restrain him.
- ❖ He kills a patient on the sidewalk outside the ED. Are you liable?



In-House Emergencies



- ❖ **Recognize** as a high risk venture.
- ❖ **Good Samaritan** coverage may apply.
- ❖ **EPs** will want to be sure that their malpractice insurance policy specifically **covers** in-house.
- *In-house **can** only be covered **when** it is reasonable to leave the ED.



Pediatric Meningitis



Missed Meningitis - Common Fact Patterns

- ❖ **Febrile - Illness: Non-CNS focus of infection.**
- ❖ **Febrile Illness: Apparent CNS FOCUS.**
- ❖ **Neonatal meningitis**
- ❖ **Hyperpyrexia**



Missed Meningitis - Common Fact Patterns

- ❖ **The Febrile Seizure**
- ***Delay in Antibiotics**
- ❖ **Other non-CNS pediatric conditions.**



Risk Management Recommendations



Take the Team Approach

- ***Get the emergency department organized in the approach to the febrile child.**
- ❖ **Train nursing and triage personnel to recognize and expedite the care of sick children.**
- ❖ **Re-check febrile children in the waiting room on a regular basis.**



Take the Team Approach

- ❖ **Try and get the medical staff involved.**
- ❖ **Schedule next day office visits if possible, or a return to the ED.**
- ❖ **Get the staff involved in telephone re-checks.**
- ❖ **Keep a log or permanent record of staff and patient call-backs.**



Communication Skills

- ❖ Fine tune your communication skills.
- ❖ **Make a** connection with the family.
- ❖ **Make** eye contact, sit down, and listen carefully.
- ❖ **Take** enough time with the family to piece together the subtle clinical clues.



Communication Skills

- ❖ **Communicate** your professionalism via a thorough physical examination.
- ❖ When you leave the examination room, let there be no mistake, **that child was** thoroughly examined.



Quality Improvement

- ❖ Educate the entire department **or office** staff regarding the expectations.
- ❖ **Perform a regular** review of the medical records of children with fever.
 - Vital signs **and** repeat temps
 - Neck exam, Kernig and Brudzinski
 - Wellness evaluation** or observation score
 - Discharge instructions, **mandatory re-check**



The Febrile Child Summit

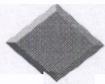
- ❖ **Schedule** a febrile child “summit” **between** the emergency physicians **and** pediatricians:
 - Create a** channel for communication.
 - Decide **on** the age **cutoff for** full septic work-ups in neonates.

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- Create a follow-up program for febrile children.
 - Decide on the approach to the febrile seizure.



Red Flags

- ❖ **Recognize** the red flags in the management of the febrile child:
 - Complaints of lethargy **or** irritability
 - Breathing abnormality **or** significant diet change
 - Temperature **over** 106



Be Aggressive

- ❖ **Set a low threshold** for when you decide that meningitis is in the differential diagnosis.
- ❖ **Once you** have made that decision, the clock is ticking.
- ❖ **The** diagnostic evaluation and initiation of antibiotics should **occur** at the earliest possible time.
- ❖ **Communicate** this urgency on the record.



Follow Your Rules

- ❖ **After** you have made decisions on best practice, stick with them.
 - Septic work-up **in** neonates
 - Febrile seizures
 - Discharge**
 - Telephone follow-up



Create A Record

- ❖ **You can't** know which febrile child will **go on to** develop a serious bacterial infection.
- ❖ **You** can't know which child **with** other non-specific complaints will develop a serious illness.
- ❖ Take the **same** risk managed approach in every **case**.



Refusal of Care



Refusal of Care

- ❖ **LWOT**
 - Left the waiting room; **no** authorization from the **MCO**
 - Left the** waiting room; did not **want** to wait



LWOT - No authorization from MCO

- ❖ **MCO** denial does not change the duty under EMTALA.
- ❖ Document the offer of a screening **exam** and treatment.
- ❖ Make sure the document becomes part of the permanent medical record.



Refusal of Care

Parent refuses **care** for a minor:

- ❖ **If** non-emergency courts support parents **decision**
- ❖ **If** emergency, courts mandate treatment. Therefore, treat, **and** consider taking temporary **protective** custody.



Refusal of Care

Parent refuses care for a minor:

- ❖ **Courts** assert the states interest in protecting the child.
- *Parents may not make martyrs out of their children.



Religious Beliefs

Jehovah's Witness

- ❖ Transfusion will lead to loss of eternal life.
- ❖ **NO** whole blood, packed cells, white cells or plasma.



Religious Beliefs

Jehovah's Witness

- ❖ **No autotransfusion of pre-deposited** blood.
- ❖ **Many** permit the use of albumin, **immunoglobulins**, hemophiliac factor, hetastarch, dialysis and heart lung equipment.



Refusal of Care

Based on Religious **Belief**:

- *Patient competent - Respect **his/her** wishes
- ❖ Patient not competent:
 - Patient's wishes clear: withhold **tx**.
 - Patient's wishes not clear: **treat**
- ❖ **Don't** go it alone



Subarachnoid Hemorrhage



Litigation Overview

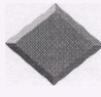


Recognizing Critical Historical Factors

- ❖ The physicians failure to recognize the clinical significance of certain historical factors.
- ❖ In many of these cases, the diagnosis should have been suspected.
- ❖ Consider the following malpractice cases. In each case, the physician did not consider SAH or initiate a diagnostic work-up.

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- ❖ A 34 y.o. male was taken by ambulance to the hospital for complaints of a “sudden onset of a severe headache.”
 - ❖ A 29 y.o. female presented with a headache that “started abruptly and was quite severe.”

- 
- ❖ A 36 y.o. female with a “sudden onset of a headache while watching TV last night.”
 - ❖ Each of these patients was discharged and returned later with an SAH. In each case, the physician was sued for the failure to diagnose.



Risk Analysis

- ❖ In these cases, the physician failed to perform a careful risk analysis.
- *Sometimes an obvious clue is missed because there is no risk history.



CT-LP

- ❖ The failure to perform a lumbar puncture after a negative CT scan when the physician has a high clinical suspicion of SAH.



The Non-Specific or Transient Neurologic Change

❖ **These** cases involve the physician's failure to recognize non-specific or transient eurologic changes.



Triage Pain Shots

*The emergency physician fails to perform **a complete examination** or does **no exam** because the private physician or neurologist has called in **an** order to for **a pain shot**

❖ **The patient is treated discharged.**



The Sentinel Bleed

❖ **The patient has had a small sentinel leak from the aneurysm, or possibly a small bleed into the wall of the aneurysm resulting in a headache of mild to moderate severity, or perhaps some subtle neurologic changes such as dizziness, photophobia, etc.**



The Legal Fiction

❖ **These are malpractice cases focused on an ED or clinic visit where the patient had a headache but the SAH was not present or was sub-clinical.**

❖ **However,** because of the temporal relationship of the visit to the ultimate bleed and poor documentation, the clinician is named in the suit,



❖ **With good documentation of a complete exam this case results in a defense verdict.**

❖ **It is surprising how often the neurologic exam is missing from these records.**

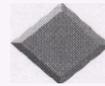


Risk Management Recommendations



Suspect SAH in Patients With:

- *Acute onset of headache
- ❖ Nausea or vomiting
- ❖ Neck pain
- ❖ Seizure
- *Altered mental status or other neurologic signs



History is Critical

- ❖ The standard of care mandates a complete **neurologic** history and physical in headache patients.
- ❖ Prior to discharge, the physician should be able to document that:
 - this is not the **worst** headache ever, **and** if **relevant**,
 - the** pain not different **from** other headaches.



Focused Physical Examination

- ❖ Vital signs
- ❖ Ophthalmoscopic exam
- ❖ Neck exam
- ❖ Neurologic exam
 - mental status, cranial nerves, motor & sensory, Babinski, cerebellar signs, gait



CT - LP

- *When the diagnosis is entertained, **unenhanced** computed tomography of the brain should be performed **emergently**.
- ❖ If CT is negative, lumbar puncture is always indicated when the suspicion of SAH is high.



Threshold Statements: The Call to Action

- ❖ **Certain** phrases result in an aggressive SAH work up, such as:
 - “the worst headache of my life”
 - “sudden onset of severe pain”
 - “**have never had a** headache like this”



Exam, Observe, Re-Exam

- ❖ A period of observation and a re-examination represent good patient care, and are very **protective** in the event of subsequent litigation.
- *Add a telephone follow-up and you **can** provide a very convincing **case** to the jury.



Headache Monitors

- ❖ Rate of onset of the headache
- ❖ Severity
- ❖ Use of CT and LP
- ❖ Documentation of the neuro exam
- ❖ Patient's condition after observation and before discharge
- ❖ Telephone follow-up



Telephone Advice



Telephone Advice

- ❖ **ACEP:** Against any substantial diagnosis or treatment recommendation by telephone.
 - Patients recently discharged may call for additional explanation (meds, instructions, etc.)
 - First aid and access to care
 - Advice by qualified professionals
 - Quality assurance



Telephone Advice

- ❖ Literature: Most telephone advice is **wrong**.
- ❖ **Advice** may create a patient- physician relationship
- ❖ **Any delay** in treatment may **result** in litigation



Telephone Advice

- ❖ Booming market in telephone advice
- ❖ Strongly recommend use of policies, protocol, and system for **documentation**



Wound Care



Wounds

Why are there so many wound-related lawsuits?

- ❖ Frequent ED complaint
- ❖ Inadequate history and exam
- ❖ Complications not discovered if not suspected
- ❖ Failure to obtain x-ray



Wounds

Why are there so many wound related lawsuits? (cont.)

- ❖ Mistaken reliance on “normal” tendon function
- ❖ Inadequate wound care
- ❖ Reluctance to use a consultant
- ❖ Inadequate discharge instructions



Wound Care: Recommendations

- ❖ Careful history
- *Assume complications until proven otherwise.
- ❖ Complete exam for foreign body, tendon and joint injury.



Wounds

- ❖ Consider a F.B. during each exam
- ❖ Ortho consult in high pressure or knuckle injuries



Wounds

- ❖ X-ray for lacerations with metal or glass.
- 3 Protocol for ED wound care
- *High index of suspicion for retained F.B.



Wounds

- ❖ Careful discharge planning:
 - possible missed F.B.,
 - wound checks,
 - preprinted wound care instructions